



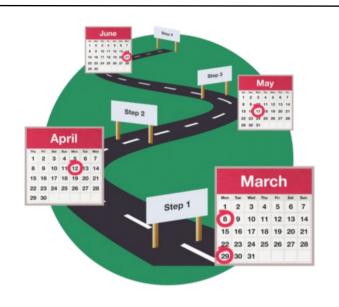


February

22

On February 22nd 2021 the UK government announced their plan to start lifting lockdown rules across England.

They have called these rules a '4 Step Plan'.



Each step has a set of changes to the rules.

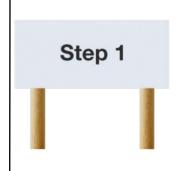
There are 5 weeks in between each step to look at the rate of Covid-19 infections across the country.

If more people start to get Covid-19 again then these changes may be delayed.



Why are the rules changing again?

The rules are changing because the number of people catching the Covid 19 virus is going down, and the number of people who have had the vaccination is going up.



March

What are the changes?

Step 1:

On 8th March there are three new changes.



March

8



1. All schools are re-opening

If you are a parent and you're not sure about what is happening at your child's school, you can telephone the school to check.

Ask a friend or family member if you need help to find the number or to make the call.

March

8



2. Meeting outside

Two people from different households can meet outside.

This means you can meet up with a person you don't live with, in a public outdoor space, like a park, beach or public garden.







You can meet:

- to have a chat.
- to sit on a bench and have a coffee.
- to have a picnic.

March

8



3. Care home residents can see a regular visitor

People who live in care homes will be able to choose one person who can visit them in the care home.

Each person will need to decide who they want their visitor to be.







If you have a relative who lives in a care home, such as your mum or dad, you might be chosen to be their visitor.

You would need to check this with your family members and the care home.

If you need help to do this you could ask a friend or your support worker.

Step 1



March

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Are there any more changes in Step 1?

Yes but they will only happen if the virus doesn't start spreading again.

On March 29th there are two big changes planned.

March

29





1. The 'Stay At Home' order ends.

This means that lockdown ends and you will be able to go out when you want to.

March









2. Meeting friends and family

You will be able to meet up:

- with another household outdoors.
- in a group of 6 friends from separate households.

You can also meet in a private garden as well as a public outdoor space.





What about the rest of the 4 step plan?

These dates and rule changes are all based on the rates of covid-19 infections going down.

The dates may all change, but for now the plan is as follows...





Step 2:

On the 12th April many places will be able to reopen.

These include:



- shops, gyms, hairdressers, libraries.
- Pubs, restaurants and café's will open for outdoor seating.



Step 3:

On the 17th May the rules on how we can meet friends and family will change.

Two households or 6 people from separate households can meet indoors.

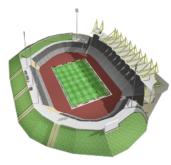
Bigger groups will be able to meet outdoors.

We will be able to eat at a café, pub or a restaurant indoors.









Cinemas will reopen.

Crowds will be able to attend large sporting events and performances, such as concerts, theatre and football.

Step 4



June

21

Step 4:

By June 21st the Government will have looked at all the information about infection rates and carried out a review of social distancing.



They will then know when we can stop wearing face masks and keeping our distance from each other.

June 21st is the date they are aiming to open all places that are still closed, and when we can return to normal life.



So we can return to full freedom in June?

Hopefully, but it's not guaranteed. This is the earliest date that we may be able do this but we will know more closer to the time!





Look out for more detailed easy read on steps 2,3 and 4 as the time comes!





If you're feeling confused then you could ask someone you trust to help you understand it.

You could talk to:

A friend A support worker A family member

Who could YOU ask?





From all of us at CPF!