

Cornwall Housing

435 employees
Deliver high quality homes &
housing services to
communities of Cornwall



Healthy
Workplace

What we do:

On behalf of Cornwall Council, Cornwall Housing manage and maintain approx. 10,500 council homes, 300 leasehold properties as well as garages, shops and land in neighbourhoods with council housing as well as operating a private letting service.

We also deliver the Homechoice Housing register and Housing Options advice service for the council.

Additionally we have a number of our own homes that we built for social rent in Cornwall.

Why we became a healthy workplace:

The Healthy Workplace framework provides us with support, guidance and direction, which in turn means the organisation reap the benefits of having happy, healthy and motivated staff.

To maintain the gold award, 'health advocates' and Cornwall Housing staff, Managers, Directors and the MD all continue to actively promote & support health and wellbeing as part of our culture.

Representatives who attend Bi Monthly H&W meetings, representing every service area and location have included Liz Brealy who is now supporting the group by producing Bite size Monthly Health Leaflets such as menopause which further supports the advice and

signposting information we have on our intranet pages. Liz has also taken responsibility for producing visual posters summarising what we have achieved in the last month or as well as advertising and arranging up and coming events.

Recent health and well being activities:

New this year is our 3 year Health, Safety and Wellbeing Delivery Plan which includes the 9 categories of the Healthy Workplace Framework. We feel this is a positive model to follow to really embed health, safety and wellbeing into everything Cornwall Housing for our colleagues. Our Extended Leadership Team (ELT) passionate about this 3 year plan which will help to further drive forward improved staff health & safety .

Branded Cornwall Housing water bottles have been given out to all our staff, with a push on the importance of Hydration to colleagues throughout the organisation, as well as having water coolers installed to every site and free tea and coffee available for employees-this in addition enabled us to provide a case study for the SugarSmart Campaign in September.

NHS Health Checks offered out to over staff over 40 years of age and Joint Pain sessions to colleagues suffering from long term hip, knee

or back pain

New staff room at the Threemilestone depot, which has been very well received and made a huge difference for staff taking breaks away from work

Other initiatives include:

Flu jabs

Picnic benches at our sites

Ongoing stress awareness training for staff and managers

Various charity events and initiatives including a non stress day

Monthly health articles in each staff newsletter

Purchase of table tennis table and equipment

Garden makeover at TMS

Quote feedback from Director:

"Once again, on behalf of the Directors I want to thank everyone for the hard work that has been put into Health and Wellbeing which has resulted in us achieving gold status again. In 2020 we will be looking at new health and wellbeing programmes to introduce to help further improve the health and wellbeing of the staff at CHL." - Nick Cross, MD