

LumiraDx Care Solutions

55 employees
Innovative care solutions for the
management of long-term
conditions.



Healthy
Workplace

What we do:

LumiraDx is a global health technology delivering coordinated care solutions and unrivalled healthcare diagnostics. As part of the LumiraDx global group, LumiraDx Care Solutions, based in Camborne, put accurate results into the hands of care teams and their patients quickly, simply and reliably to guide better informed decisions for better health outcomes, experiences and value.

Why we became a healthy workplace:

The company put staff wellbeing at the heart of its strategic objectives and understand the importance of health in relation to happiness, productivity and engagement. Our current approach to employee health and wellbeing has been established since 2015 and has always been supported by our Care Solutions Senior Management Team.



Recent health and well being activities:

We made resilience training available for all employees in Oct 2019 and commissioned an organisation report to measure our resilience which indicated workplace stressors and actions for improvement. This was facilitated by the Wellbeing Project who supported training in the 5 pillars of resilience, covering aspects of physical and mental health. The pillars align closely to the Healthy Workplace framework. We also ran a musculoskeletal session with 'Pilates by Lynsey' to better understand how we can look after our bodies in the workplace and especially how we can get the best out of our new standing desks. We have also invested in some equipment following the session to help with our musculoskeletal health.



Plans aims for the next year:

1. We will continue to encourage our employees to engage with a variety of healthy workplace activities.
2. A follow-up MSK consultation to ensure we get the most out of our recently purchased MSK equipment and standing desks.
3. Scheduled Mental Health Awareness events e.g. Time to Talk, Mental Health Awareness Week, World Mental Health Day.
4. More Corporate Social Responsibility work with our Enviro Team.
5. Renewal of Health and Safety training and certificates of our OH&S staff.
6. In-house and ACAS training for our Line-Managers to strengthen the management of our people and provide the best levels of support.

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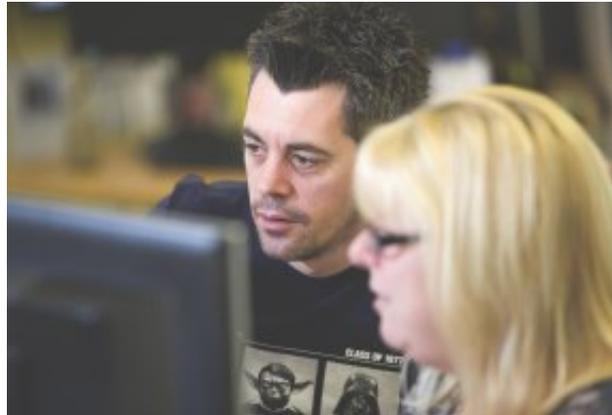
Quote feedback from Director:

"We are really keen to enhance the working lives of our staff and - as a healthcare technology company - feel this is an excellent scheme for encouraging a sense of wellbeing."
Dr Mark Sullivan, Medical Director and Founder.

Quote feedback from Staff:

"I appreciate our corporate discount at Carn Brea Leisure Centre, which has some great facilities right on our doorstep. I regularly use the swimming pool, gym and squash courts. I enjoy working out most lunchtimes, and try to encourage co-workers to join in a session which I structure to be completely flexible and adaptable to everyone's own abilities. I alternate sessions of core (abs) workouts, with more cardio on a Tuesday and Thursday. It's great that the company respects our 1 hour lunch break which allows us to escape the office and clear our heads as well as keep fit. And it's really great that when we are finished there are showers and a healthy lunch provided 2 days a week." Stuart Backhouse

new skills, increasing their fitness and stamina whilst simultaneously raising money for a great cause; a very positive initiative.



Success Story:

We have a group of employees who have got together to train for the Falmouth RNLI's Castle to Castle Swim in May 2020. They are learning