What we do:
In 1890 Eliza-Jane Rodda started making Cornish clotted cream in her farmhouse kitchen here in the heart of Cornwall. Over 128 years on, we’re still crafting it the same way, creating moments to share and cherished memories. We believe the care we invest in our employees is a vital part of our success. We continue to remain committed to the health and wellbeing of all of our employees. We’re proud of our history and our brand, caring enough to do the right thing for our people and products. Rodda’s is known across the world for crafting the best Cornish Clotted cream – this is down to our care and attention to detail. Without a dedicated team our success would not be possible. Every single member of our team understands they can make a difference by living the values and giving the excellent Rodda’s service to make Eliza-Jane proud.

Why we became a healthy workplace:
We became a healthy workplace to inspire a healthy working environment for all of our staff, to promote health and wellbeing and to help each other achieve our goals. We also wanted to share all of our good practices with other local businesses.

Recent health and well being activities:
- Mental Health First Aider (Feb 2019)
- Rowing competition
- Indoor tennis
- Comprehensive counselling service including bereavement and legal
- Bereaved children scheme for families
- Charity Committee
- Eliza Jane Awards to recognise behaviours in line with our values
- Walk Leader

Plans aims for the next year:
- The implementation of Mental Health First Aiders
- Health awareness days
- The implementation of a health check machine

Quote feedback from Director:
Having a healthy and productive workforce should be everyone’s ambition, especially in today’s competitive business environment. Successful organisations know that staff satisfaction and wellbeing bring business benefits. Being a good employer enhances an organisation’s reputation, makes it attractive to work for, and improves overall performance. We believe health and well being should be at the heart of all that we do at Rodda’s and we are extremely proud of our staff and their achievements in being a healthy workplace.

Quote feedback from Staff:
A healthy workplace allows me the opportunity to access fresh fruit every day and access to tea and coffee. I am also given the space to relax in my lunch breaks and socialise with people I work with. I enjoy playing pool and table tennis at lunch times.

Success Story:
A member of staff wanted to lose weight and felt that we could support her. We gave her walking routes for her lunch breaks and other staff also went with her. We also made sure she had access to fresh fruit every day and encouraged lots of water. She lost the weight that she was wanting to and feels that we supported her with her journey.