Richard Lander School

161 employees
Large comprehensive school in Truro

What we do:
We create a safe and effective learning environment for 1470 11-16 year olds.

Why we became a healthy workplace:
Staff Health and Wellbeing is central to a school's success.

Recent health and well being activities:
After work fitness classes.
After work yoga classes.
Mindfulness INSET.
NHS over 40s health checks.

Plans aims for the next year:
Get involved in a variety of health awareness charities.

Quote feedback from Staff:
Proud to work in a Healthy Workplace

Success Story:
This could be a very long list! Without naming names, 'several' staff have joined the after work fitness sessions and have continued to enjoy them all year.

Quote feedback from Director:
Richard Lander School is proud to be a Silver Healthy Workplace Award winner.