Healthy Workplace Conference & Award Ceremony

Programme of the Day

09.00       Registration, with refreshments
09.15       Welcome & Setting the Scene – Ruth Goldstein; Consultant Public Health Cornwall
09:25       Keynote Address – Professor Dame Carol Black; Expert Adviser on Health at Work
10.05       Comfort Break
10.10       30 minute Workshops – Choice 1
  • Dementia in the Workplace          Jo Malyon, Alzheimer’s Society
  • Financial Health                   Margaret Schwarz, Cornwall Partnership NHS Foundation Trust
  • Menopause Awareness                Allye Brown, Healthy Cornwall
  • Physical activity for the management & prevention of disease Dr Kerry Bailey, Public Health Cornwall
10.40       Refreshments
10.55       Five Minutes of Fame
  • Flying Start Nurseries (S.W.) Ltd
  • King’s Service Centre
  • Sharp’s Brewery
11.20       30 minute Workshops – Choice 2
  • Dementia in the Workplace          Jo Malyon, Alzheimer’s Society
  • Financial Health                   Margaret Schwarz, Cornwall Partnership NHS Foundation Trust
  • Menopause Awareness                Allye Brown, Healthy Cornwall
  • Physical activity for the management & prevention of disease Dr Kerry Bailey, Public Health Cornwall
11.50       Comfort Break
11.55       Musculoskeletal Health in the Workplace – Professor Anthony D Woolf; Chair of the Arthritis and Musculoskeletal Alliance
12.15       Official Award Presentations
13.10       Cornwall Healthy Workplace Programme Update – Natasha Howard; Healthy Workplace Lead
13:15       Lunch & Networking & Daily Mile
14:00       Close