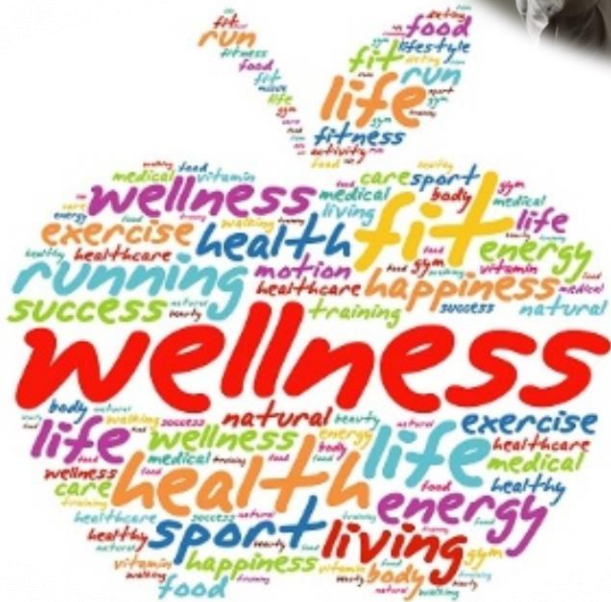


Ocean Housing Group Ltd

Nikki Forward, Head of Human
Resources and Heather Taylor, HR
Coordinator





Why – EC & V – IIP – Frame – Free – Prof Team/Net

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MINDFULNESS AT WORK



Champ, Run, Yoga, Walk, Cycle, Pilot, Games, Singing, Mind, Agencies, internal, 'Wobblers'



Hard – Trade – Culture – MH- MECC/induct – Health CEO



One = Success

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