

# Healthy Workplace Conference & Award Ceremony



## Programme of the Day

- 08:45** Registration with refreshments
- 09:00** Welcome – **Mike Thomas**; Strategic Director of Cornwall Sports Partnership
- 09:05** Setting the Scene – **Steve Brown**; Interim Deputy Director of Public Health and Service Director for Wellbeing and Public Health
- 09:15** Keynote Address – **Professor Dame Carol Black**; Expert Adviser on Health at Work
- 09:55** Beacon Project – **Clare Harris**; Senior Skills Officer, Cornwall and Isles of Scilly LEP
- 10.00** **25 minute Workshops – Choice 1**
- **Changing the culture on Domestic Abuse** Elizabeth Filkin CBE, Employers Initiative on Domestic Abuse
  - **Presenteeism or just present?** Allye Brown, Healthy Cornwall
  - **Resilience & Sleep** Kevin Simpson, Clinical Psychologist & CEO Outlook South West
  - **Suicide Postvention Plan** Penn Petchey, Suicide Liaison Service
- 10:30** Refreshments
- 10:45** Physical Activity in the Workplace – **Ben Harris** and **Craig Manclark**; Healthy Cornwall
- 11.00** **Five Minutes of Fame**
- **Proper Cornish & Furniss**
  - **Ocean Housing**
  - **Angel Fulfilment Services**
- 11.25** **25 minute Workshops – Choice 2**
- **Changing the culture on Domestic Abuse** Elizabeth Filkin CBE, Employers Initiative on Domestic Abuse
  - **Presenteeism or just present?** Allye Brown, Healthy Cornwall
  - **Resilience & Sleep** Kevin Simpson, Clinical Psychologist & CEO Outlook South West
  - **Suicide Postvention Plan** Penn Petchey, Suicide Liaison Service
- 11:55** **Official Award Presentations**
- 12:50** Cornwall Healthy Workplace Programme Update – **Natasha Howard**; Healthy Workplace Lead
- 13:00** Lunch & Networking
- 13:30** Daily Mile (15 minutes)
- 14:00** Close