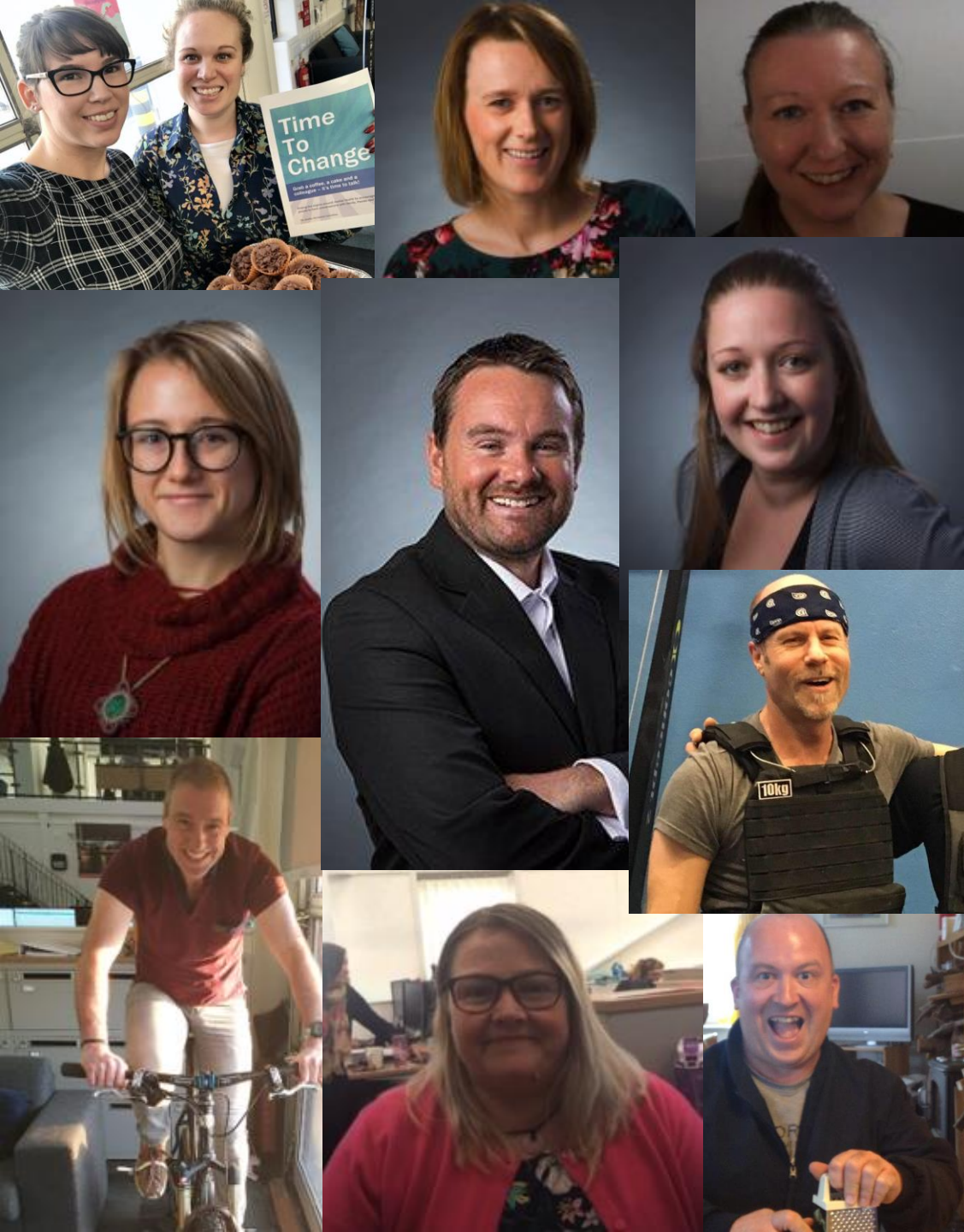


King's Service Centre





Our Champions



1















2



3

Our Key Successes

-  Awareness sessions
-  Free fruit
-  Mental Health First Aider
-  Working around no budget
-  Weekly 'Thank you' messages
-  King's Slimmer's
-  Activities in the office
-  King's Move
-  Body composition weigh-ins
-  Boostbox
-  Health Assessments
-  Flexible working



What's next?

- More Mental Health First Aiders
- ASIST – Suicide Prevention Training
- Continue to promote and take part in National Campaigns
- Take advantage of other training and workshops available through Healthy Cornwall
- Budget?!
- Volunteering in the community
- And finally...

