

# Rodda's

179 employees  
Production of clotted cream and  
other dairy products.



Healthy  
Workplace

## What we do:

In 1890 Eliza-Jane Rodda started making Cornish clotted cream in her farmhouse kitchen here in the heart of Cornwall. Over 129 years on, we're still helping create moments to share and cherished memories. We believe the care we invest in our employees is a vital part of our success. We continue to remain committed to the health and wellbeing of all of our employees. We're proud of our history and our brand, caring enough to do the right thing for our people and products. Rodda's is known across the world for crafting the best Cornish Clotted cream – this is down to our care and attention to detail. Without a dedicated team our success would not be possible. Every single member of our team understands they can make a difference by living the values and giving the excellent Rodda's service to make Eliza-Jane proud.

## Why we became a healthy workplace:

We became a healthy workplace to inspire a healthy working environment for all of our staff, to promote health and wellbeing and to help each other achieve their goals.

## Recent health and well being activities:

11 Mental Health First Aiders

Eliza Jane Awards

Thank you cards

Rowing Competition

Recognition Days

Mental Health Wellbeing Event

Implementation of Health & Safety Team and team reps

## Plans aims for the next year:

Health Kiosk

Yoga

Health & Wellbeing Monthly Topics

## Quote feedback from Director:

Having a healthy and productive workforce should be everyone's ambition, especially in today's competitive business environment. Successful organisations know that staff satisfaction and wellbeing bring business benefits. Being a good employer enhances an organisation's reputation, makes it attractive to work for, and improves overall performance. We believe health and well being should be at

the heart of all that we do at Rodda's and we are extremely proud of our staff and their achievements in being a healthy workplace.

## Quote feedback from Staff:

"Friendly staff, free coffee/tea, fruits, staff events/recognition days."

"Rodda's are focused on their values and treating employees well. There's opportunity for business growth. A true Cornish heritage brand. A friendly team with great people, focused on health and wellbeing."

## Success Story:

A member of staff wanted to be healthier and improve their diet. With the support of their colleagues they set a group that shared meal plans and went to the local gym on a weekly basis. They are pleased that they have lost weight, have more energy and a better sleep pattern.